



2023 MIAC Football Awards

2023 MIAC Football Offensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn. Armstrong	--

2023 MIAC Football Defensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
LB	Carson DeKam	Gustavus	Sr.	Owatonna, Minn.	--

2023 MIAC Football Mike Stam Lineman of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
DL	Collin Thompson	Concordia	Sr.	Thatcher, Ariz.	--

2023 MIAC Football Rookie of the Year

Position	Name	Institution	Class	Hometown High School
OL	Angel Reyes	Concordia	Fy.	Darwin, Minn. Dassel-Cokato

2023 MIAC Football Coach of the Year

Name	Institution	Previous Selections
Steve Johnson	Bethel	1989 2000 2006 2007 2013

2023 MIAC Football All-Conference Offense

Position	Name	Institution	Class	Hometown High School	Previous Selections
QB	Cooper Mattern	Concordia	Jr.	Fargo, N.D. Shanley	--
QB	George Sandven	Gustavus	Jr.	Edina, Minn.	--
QB	Cade Sheehan	Augsburg	Sr.	Rochester, Minn. Mayo	2021 (2T) 2022 (1T)
QB	Aaron Syverson	Saint John's	Sr.	Minnetonka, Minn.	2022 (1T)
RB	Aaron Ellingson	Bethel	Jr.	St. Louis Park, Minn.	--
RB	Jordan Embry	St. Olaf	Sr.	Birmingham, Ala. Ramsay	2021 (1T) 2022 (1T)
RB	Rohee Konde	Gustavus	Sr.	Hopkins, Minn.	2022 (1T)
RB	D.J. Monroe	Augsburg	Jr.	Shakopee, Minn.	2022 (1T)
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn. Armstrong	2021 (2T) 2022 (1T)
WR	Matthew Carreon	Gustavus	Sr.	Houston, Texas Mount Carmel Academy	--
WR	Micah Niewald	Bethel	Jr.	Fridley, Minn.	2021 (HM) 2022 (1T)
WR	Dominic Smith	Augsburg	Jr.	White Bear Lake, Minn.	2021 (1T) 2022 (HM)
WR	Braden Tretter	Augsburg	Jr.	Sauk Rapids, Minn. Sauk Rapids-Rice	2021 (2T) 2022 (1T)
WR	Nick VanErp	Saint John's	Sr.	Battle Lake, Minn. Ottertail Central	2022 (HM)
WR	Charlie Wilson	Hamline	Sr.	Woodbury, Minn.	2021 (HM) 2022 (1T)
TE	Derek Hansen	St. Olaf	Sr.	Eagan, Minn.	2022 (1T)
TE	Alex Larson	Saint John's	Sr.	Woodbury, Minn. East Ridge	2021 (1T) 2022 (1T)
TE	Ntense Obono	Carleton	Jr.	Lawrence, Kan.	2022 (HM)
OL	Zachary Claassen	Gustavus	Sr.	White Bear Lake, Minn.	--
OL	Evan Ginter	Bethel	Sr.	Chisago Lakes, Minn.	2021 (2T) 2022 (1T)
OL	Andrew Hahn	Augsburg	Jr.	Avon, Minn. Albany	--
OL	Josh Helling	Bethel	Jr.	Parkers Prairie, Minn.	--
OL	Tommy Hessburg	Saint John's	Jr.	Grosse Point Park, Mich. South	--
OL	Joe Jaeger	Saint John's	Sr.	Lakeville, Minn. North	2022 (1T)
OL	Andrew Mollison	St. Olaf	Sr.	Edina, Minn. Minnehaha Academy	2022 (HM)
OL	Grant Peroutka	Saint John's	Jr.	Rosemount, Minn.	--
OL	Sam Stafsholt	Gustavus	Sr.	Andover, Minn.	2022 (1T)
OL	Ethan Tong	Concordia	Sr.	West Fargo, N.D.	--
OL	Isaiah Ward	Bethel	So.	Centerville, Minn. Centennial	--

2023 MIAC Football All-Conference Defense

Position	Name	Institution	Class	Hometown High School	Previous Selections
DL	Joe Akoh	Saint John's	Sr.	Hugo, Minn. Cretin-Derham Hall	--
DL	Michael Carey	Carleton	Sr.	Haddonfield, N.J. Memorial	2021 (2T) 2022 (HM)
DL	Caden DeWall	Bethel	Jr.	Becker, Minn.	--
DL	Chase Dockter	Concordia	Sr.	Bismarck, N.D.	2021 (2T) 2022 (1T)
DL	Zach Frank	Saint John's	Jr.	Lino Lakes, Minn. Centennial	--
DL	Javier Gratacos	Gustavus	Sr.	Orlando, Fla. Lake Nona	2022 (1T)
DL	Reese Pantila	Bethel	Jr.	Woodbury, Minn. East Ridge	2022 (HM)
DL	Collin Thompson	Concordia	Sr.	Thatcher, Ariz.	2022 (1T)
DL	Anthony Vo	St. Scholastica	Jr.	St. Paul, Minn. Roseville	2022 (1T)
LB	Erik Bjork	Saint John's	Sr.	Mahtomedi, Minn.	2021 (1T) 2022 (1T)
LB	Carson DeKam	Gustavus	Sr.	Owatonna, Minn.	2021 (1T) 2022 (1T)
LB	Taylor Glynn	Bethel	So.	Grand Meadow, Minn.	--
LB	Hamsa Kahin	Augsburg	Jr.	Eden Prairie, Minn. Edina	--
LB	PJ Parmelee	Concordia	Sr.	Tea, S.D.	--
LB	Hayden Sanders	Saint John's	Jr.	Brooklyn Park, Minn. Champlin Park	--
LB	Isaac Simons	Carleton	Sr.	Oconomowoc, Wis. Lake Country Lutheran	2021 (1T) 2022 (1T)
LB	Thomas Wurdemann	Bethel	Sr.	North Branch, Minn.	2021 (2T) 2022 (HM)
LB	Cooper Yaggie	Saint John's	Jr.	Breckenridge, Minn.	2022 (1T)
DB	Noah Arneson	Saint John's	So.	Independence, Minn. Orono	--
DB	Isaac Call	Bethel	Jr.	Kerkhoven, Minn. Kerkhoven-Murdock-Sunburg	--
DB	Isaiah Chambers	Gustavus	Sr.	Houston, Texas Legacy School of Sciences	2022 (1T)
DB	Henry Detmer	Carleton	Sr.	River Forest, Ill. Oak Park and River Forest	--
DB	Nate Farm	Bethel	Jr.	Arden Hills, Minn. Mounds View	2021 (1T) 2022 (1T)
DB	Matt Jung	Bethel	R-Fy.	Neenah, Wis.	--
DB	Cameron Latvis	Macalester	Jr.	West St. Paul, Minn. Two Rivers	2022 (HM)
DB	Cayden Saxon	Saint John's	Sr.	Minnetonka, Minn. Hopkins	--
DB	Ethan Stark	Saint John's	Sr.	Sartell, Minn. Sartell-St. Stephen	2021 (2T) 2022 (1T)
DB	Deonta Thomas	St. Olaf	Sr.	Minneapolis, Minn. Minnehaha Academy	--
DB	Devin Williams	Bethel	So.	Fridley, Minn.	2022 (1T)

2023 MIAC Football All-Conference Special Teams

Position	Name	Institution	Class	Hometown High School	Previous Selections
K	Andrew Abegglen	Gustavus	Sr.	Mound, Minn. Mound-Westonka	2021 (1T)
K/P	Marcus Merkelbach	Carleton	So.	Seattle, Wash. Garfield	--
P	Damien Silus	Concordia	Jr.	Glencoe, Minn. Glencoe-Silverlake	2021 (2T)
RET	Isaiah Thompson	Augsburg	Jr.	Detroit Lakes, Minn.	--
RET	River Wood	Gustavus	Sr.	St. Petersburg, Fla. Dixie-Hollins	2022 (1T)

2023 MIAC Football Honorable Mention

Position	Name	Institution	Class	Hometown High School	Previous Selections
QB	Michael Nadeau	Macalester	Sr.	Garden Grove, Calif. La Quinta	2021 (2T) 2022 (1T)
RB	Troy Feddema	Saint John's	Sr.	St. Cloud, Minn. Tech	--
RB	Riley Gritz	Bethel	So.	Long Prairie, Minn. Sauk Centre	--
RB	Logan Pampel	Macalester	Sr.	Johnson Creek, Wis. Lakeside Lutheran	--
WR	Evan Hammonds	St. Olaf	Jr.	Brooklyn Park, Minn. Champlin Park	--
WR	Marselio Mendez	Saint John's	Jr.	St. Paul, Minn. Cretin-Derham Hall	--
WR	Owen Miller	Concordia	Jr.	Aitkin, Minn.	2022 (HM)
WR	Michael Poker	Macalester	Sr.	Brookfield, Wis. East	--
WR	Ricky Weber	St. Scholastica	Jr.	Roseville, Minn.	--
WR	Dylan Wheeler	Saint John's	So.	St. Paul, Minn. Mounds View	--
OL	Chris Elliott	Carleton	Sr.	Delmar, Del.	--
OL	Michael Harris III	Augsburg	Jr.	St. Paul, Minn. Tartan	--
OL	Max LaVoy	Concordia	Jr.	Scottsdale, Ariz. Notre Dame Prep	--
OL	Davis Pickett	Hamline	So.	Clinton, Utah Clearfield	--
DL	Jack Swanson	Gustavus	Jr.	Pine Island, Minn.	--
LB	Noah Bresson	Macalester	Sr.	Homosassa, Fla. Crystal River	2021 (HM) 2022 (HM)
LB	Ty Moser	Concordia	Sr.	Perham, Minn.	2021 (HM) 2022 (HM)
LB	Jaiden Musse	Concordia	So.	Naples, Fla. Lely	--
LB	Brandon Sjostrand	Augsburg	Sr.	Bloomington, Minn. Kennedy	--
LB	Luke Stanga	St. Olaf	Sr.	Northfield, Minn.	2022 (HM)
DB	Stuart DeMerit	Concordia	Jr.	Snoqualmie, Wash. Mount Si	--
DB	Darius Howard	Gustavus	Jr.	Houston, Texas Heights	--
K	Conor Murphy	Saint John's	Jr.	Sioux Falls, S.D. O'Gorman	2021 (HM) 2022 (1T)
K/P	Collin Swan	St. Olaf	Sr.	Lake Mary, Fla. Trinity Prep	--